

# Tucson Behavioral Health Professionals Networking Breakfast Friday, June 7th, 2024

## Schedule

Check In  
8:15-8:45am

Networking  
8:45-9:00am

Breakfast Served  
8:30-10:00am

Presentation  
9:00-10:30am

Networking  
10:30-11:00am

## Location

Westward Look Resort  
245 E. Ina  
Tucson, AZ 85704  
(520)297-1151  
www.WestwardLook.com

## Registration

Register online at  
www.DesertStarARC.com  
/Events

\$32 per person  
No walk-ins Accepted

Buffet Breakfast is  
included!

See website for  
cancellation policy

Approved by  
NBCC to  
offer 1.5hrs  
of CEU's  
ACEP no  
6887



## Understanding Neurodiversity: *A Competency-Focused Approach*

Take a dive into what it means to be neurodivergent, and learn some of the ways neurodivergence presents in our clients' daily lives. This presentation will provide guidance for ways to integrate neurodivergent sensitivity into your treatment planning. Using the biopsychosocial approach, view behavior in context, identify the contextual factors impacting neurodivergent clients, and learn to connect with them in an affirming and validating way. Using a competency-focused approach, reduce clinician frustration and burnout, and allow clients the space they need to show competency in their own way.

### Learning Objectives

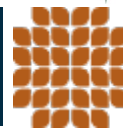
- Identify 2 separate interpersonal presentations of Neurodiversity
- Apply a biopsychosocial lens to the challenges of neurodivergent clients
- Learn what it means to be an affirming and competency-focused therapist with neurodivergent clients.

This presentation provides 1.5 continuing education hours.

### Presenter

**Ashley Clark**, MA MFT, MS Psychology, LAMFT, is the practice manager and clinician at Blue Door Psychotherapy. Ashley uses a culturally competent, collaborative and solution-focused approach to working with individuals and families. Ashley specializes in families who are challenged by medical complexities, disabilities, and/or developmental delays. Ashley welcomes clients from a variety of life experiences and practices from an anti-racist, queer and neurodivergent affirming lens.

Please contact Nicole Velasco—  
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with questions.



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