



Understanding Neurodiversity:

A Competency-Focused Approach

Take a dive into what it means to be neurodivergent, and learn some of the ways neurodivergence presents in our clients' daily lives. This presentation will provide guidance for ways to integrate neurodivergent sensitivity into your treatment planning. Using the biopsychosocial approach, view behavior in context, identify the contextual factors impacting neurodivergent clients, and learn to connect with them in an affirming and validating way. Using a competency-focused approach, reduce clinician frustration and burnout, and allow clients the space they need to show competency in their own way.

Learning Objectives

- Identify 2 separate interpersonal presentations of Neurodiversity
- Apply a biopsychosocial lens to the challenges of neurodivergent clients
- Learn what it means to be an affirming and competency-focused therapist with neurodivergent clients

Presenter

Ashley Clark, MA MFT, MS Psychology, LAMFT, is the practice manager and clinician at Blue Door Psychotherapy. Ashley uses a culturally competent, collaborative and solution-focused approach to working with individuals and families. Ashley specializes in families who are challenged by medical complexities, disabilities, and/or developmental delays. Ashley welcomes clients from a variety of life experiences and practices from an antiracist, queer and neurodivergent affirming lens.

Location

Westward Look Resort
245 E. Ina
Tucson, AZ 85704
(520)297-1151
www.WestwardLook.com

Schedule

8:15 - 8:45am Check In
8:45 - 9:00am Networking
8:30 - 10:00am Breakfast Served
9:00 - 10:30am Presentation
10:30 - 11:00am Networking

Registration click here >

Register online at
www.DesertStarARC.com/Events
\$32 per person - Breakfast buffet included.
No walk-ins accepted. See website for
cancellation policy.

Questions: musomi.mcdowell@cottonwoodtucson.com | (520) 360-4328

1.5 CEs